

# Continuing Education with Vicki Hickerson

At



3742 Far West Blvd. Suite 110

Austin, Tx 78731

512-452-0115

**July 12, 2008**

**Advanced Reformer Review    12PM to 4PM    \$120**

**To register contact Tim at 212-627-5852**

## **Vicki Hickerson**

Vicki Hickerson is the owner and senior level instructor of Body Springs Studio, an Affiliate of Power Plates. During her 14 year engagement as a Radio City Music Hall Rockette, Vicki discovered, and fell in love with the Pilates System of training. Vicki was originally certified by Romana Kryzanowska and Bob Liekens from Pilates Inc. of NY in 1998. Vicki is now a certified Power Pilates instructor and teacher trainer, and administers certification programs as well as continuing education courses.

