



Some say it's the only way,
we say it's the classical way.
Come experience the
Power Pilates Difference!

It's Time to Renew Your Certificate

March 28-30, 2008

TELOS Fitness Center — Dallas, TX

LOCATION: TELOS Fitness Center
13701 Dallas Parkway
Dallas, TX 75240 • (972) 386-2582

FEE: All-Inclusive package price \$440.00
Includes 2 workouts, 6 workshops & 1 lunch

SPECIAL: Sign-up by February 1st — **SAVE \$50 – \$390**
A LA CARTE pricing available

REGISTER: Alison Treadaway at TELOS Fitness Center
(972) 386-2536 or atreadaway@telosfitnesscenter.com

REFUND: Refund available until March 10th
(minus \$50 processing fee)

AVAILABILITY: Space is limited, sign up today!
Power Pilates/TELOS Fitness Center reserve
the right to cancel/change the instructor.

HOTEL: Visit website for more information

TRANSPORTATION: Visit website for more information
ACE • AFAA • PMA credits available

Visit www.powerpilates.com for more information.

FRIDAY, MARCH 28, 2008 – PRE-CONFERENCE ccc

5-8:00PM WORKSHOP (not included in the All-Inclusive price)

- Movement, Muscles & Mechanics: Part 1 (Lecture)
with Everett Aaberg • \$125 (dinner included)

SATURDAY, MARCH 29, 2008 ccc

All-Inclusive price includes 1 workout Saturday 7 or 8 am

7-7:45AM WORKOUT (choose one)

- Reformer on the Mat Class with Bob Liekens • \$35
- Magic Circle Mat Class with Susan Moran-Perich • \$35
- Open Level Tower Class with Dana Eisenstein • \$45
(limited availability)

8-8:45AM WORKOUT (choose one)

- Super-Advanced Mat Class with Bob Liekens • \$35
- Open Level Mat Class with Carrie Campbell • \$35
- Semi-Private Session with Susan Moran-Perich • \$55
(limited availability)

9-11AM WORKSHOP – 2 CEC (choose one)

- Enchanted Wunda Chair with Susan Moran Perich • \$90
- Pilates Bootcamp (Mat/Props only) with Dana Eisenstein • \$90
- Creative Spine Corrector and Barrels of Fun
with Nora-Gomez-Dears • \$90

11:10-1:10PM WORKSHOP – 2 CEC (choose one)

- Advanced/Super-Advanced Reformer with Bob Liekens • \$90
- Magic Circle Madness with Shari Berkowitz • \$90
- Reformer on the Mat with Lisamay Scott • \$90

1:10-2:10PM LUNCH (check if you want to order lunch)

- Box Lunch • \$12 (included in All-Inclusive price)

2:10-4:10PM WORKSHOP – 2 CEC (choose one)

- The Art of Tactile Cueing with Kathy Van Patten • \$90
- Super-Advanced Mat with Liv Berger • \$90
- Teach a Challenging Open Level Tower Class
with Shari Berkowitz • \$90

4:15-6:15PM WORKSHOP – 2 CEC (choose one)

- Extreme Mat Makeover with Alicia Zabrocki • \$90
- Super-Advanced Cadillac with Davidson Reid • \$90
- Vocal Vitality with Anne Brendle • \$90

SUNDAY, MARCH 30, 2008 ccc

All-Inclusive price includes 1 workout Sunday 7 or 8 am

7-7:45AM WORKOUT (choose one)

- Super-Advanced Mat Class with Davidson Reid • \$35
- Magic Circle Mat Class with Kathy Van Patten • \$35
- Advanced Tower Class with Dana Eisenstein • \$45
(limited availability)

8-8:45AM WORKOUT (choose one)

- Advanced Mat Class with Susan Moran-Perich • \$35
- Open Level Mat Class with Veronica Combs • \$35
- Semi-Private Session with Bob Liekens • \$55 (limited availability)

9-11AM WORKSHOP – 2 CEC (choose one)

- Classical Pilates and the Spine with Dr. Howard Sichel • \$90
- Back to Basics with Susan Moran-Perich • \$90
- Honoring the Integrity of Classical Pilates
with Bob Liekens • \$90

11:10-1:10PM WORKSHOP – 2 CEC (choose one)

- Real World Training Strategies with Davidson Reid • \$90
- Challenge & Support – Teaching Tools for an Open Level
Mat Class with Susan Moran-Perich • \$90
- Pilates on the Ball with Dana Eisenstein • \$90

POST-CONFERENCE ccc

1:15-4:15PM WORKSHOP (not included in All-Inclusive price)

- Movement, Muscles & Mechanics: Part 2 (Practical Application
for Pilates) with Cecil Hightower • \$125 (lunch included)

TO OBTAIN AN APPLICATION FORM GO TO

www.powerpilates.com